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WARTBURG TRUMPET

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Mold found in the Res

MATT GRUEMMER *STAFF WRITER*
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Two students who found mold in their dorm room on Oct. 3 are concerned with Wartburg's residential cleanliness, but on-campus residents have no reason to question the inspection of their rooms, Keith Strand, supervisor of cleaning, said.

Daniel Haack and Thomas Biederman, residents of the Residence 318 F, discovered mold on the wall while moving furniture in their room.

"Last week we were rearranging, and moved the dresser from the corner, and found a three or four-foot long streak of mold," Biederman said.

Residential Life told the physical plant office about the issue after the students made a notice, Strand said. An investigation indicated that some moisture had leaked from the floor of the mechanical room above, through the ceiling, and onto the wall behind the wardrobe.

"Mold is not a common occurrence on campus as our cleaning staff has the tools necessary to ensure a safe environment for all that are on our campus," Strand said.

Biederman said it made him and his suitemates think about how deep of an inspection the cleaning staff does when students are not on

▸ **Mold not common p. 2**

The black mold was discovered behind a wardrobe in the Res. — **Dan Haack**/*TRUMPET*

Dorm intruder

A student returned to her room to find an unknown male there early Thursday morning.

The man left immediately after she entered the room. No one was injured or threatened. Additionally, nothing was reported stolen or damaged.

Security sent an alert to all residential students after the incident urging them to lock their doors anytime they leave their room.

The name of the student and the dorm have not been released.

Check the Wartburg Circuit at www.wartburgcircuit.org for updates as they become available.

A crowd of protesters occupies the road in Mongkok on Oct. 1. Hong Kong people have been protesting for universal suffrage for the next chief executive election since late September. Wartburg College has students from both countries on campus. — **Photo by Ka Wing Yu**/*123rf.com*

'Umbrella Revolution'

Wartburg students from Hong Kong and China respond to the Hong Kong protests

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Wartburg students from Hong Kong and China have been carefully watching the news since late September as tensions between citizens of Hong Kong and the Chinese government have resulted in political protests, the longest series since the former British colony was handed over to China in 1997.

The movement, dubbed the "Umbrella Revolution" for the protesters use of umbrellas to shield themselves from tear gas and rain, has a large number of Hong Kong students within the movement.

The protesters are upset with China's decision to allow Hong Kong to have direct elections, but only allow voters to choose from a group of candidates vetted by officials in Beijing.

"Some will agree, some will disagree, so maybe the Hong Kong people don't want China to control us," Joey Leung, a Wartburg student from Hong Kong, said. "We just want to make our choices. [We want] to vote for our own chief executive, not by China."

Since Hong Kong's colonization of China 17 years ago, the country has operated under a political deal called, "One Country, Two Systems."

This deal allowed Hong Kong residents certain rights which Chinese citizens do not have, such as the freedom of the press and the right to assemble.

Ce Zheng, a student originally from Beijing, China, said she learned from a young age Hong Kong was part of China.

"It's just like any other part of China that is having problems," she said.

"It's a problem and you have to solve it and there's a process and you have to get over it."

Student protesters have filled the streets of central areas of the city, mimicking the protest style of the Occupy Wall Street protests of 2011. Many government offices and schools are closed.

Leung said not all of the Hong Kong residents agree with the protests or the civil disobedience style.

"For my family, they agree to the protest, but they don't agree with a lot of students who don't go to school; a lot of workers, they don't go to work because of the protests," Leung said.

As for Hong Kong and Chinese students at Wartburg, the tensions between the countries over 7,000 miles away has yet to reach the campus.

"Fortunately all my Chinese friends are open-minded. But I am not sure, maybe later on, if the protests are getting worse, maybe the relationship may be affected by this," Leung said. "But so far we are still really close."

Zheng said she hopes the conflict will come to a resolution soon.

"I think it's a process that you have to work out between two governments," Zheng said.

"I think protests, it's sort of an extreme way to get the problem solved, but it's one of the ways and I respect that."

Wartburg students Bryan Ho (standing left) and Joey Leung (standing right) with their families in Hong Kong. — **Submitted photo**

Wartburg Honor Council seeks to fill vacancies

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The Wartburg Honor Council is looking for students to fill four open seats on the council this year.

The Wartburg Honor Council deliberates cases of academic dishonesty brought by faculty and brings together recommendations for professors to use in their decision-making process, Alec Steils, academic ombudsperson, said.

The board consists of eight students—two from each academic class—plus the student body president, vice president and academic ombudsperson.

"Currently we are looking for seniors since those two members were myself, and Student Body President Jacob Martin," Steils said.

"Since we are now members of the Honor Council based upon our positions within Student Senate, we must find representatives for the class of 2015."

Both positions for the class of 2018 are also available.

Any student is eligible to apply for an appointment through the Student Senate if there is an opening for their academic year, Steils said.

"We meet at the beginning of each year to interview applicants from the new academic class," Steils said.

"Other than that, we meet as cases arise throughout the year," he said.

▸ **Students take oath for honor p. 2**

Outdoors club combines members

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When Wartburg Outdoors started as a student-run organization last year by graduate Jessie Hoyng, members didn't know if the program would survive.

"This is something that is near to my heart and beneficial to the students so I am turning it into a full-time recreational program through The W," Eric Knoblock, associate director of "The W," said.

The program will partner with CrawDaddy Outdoors and the University of Northern Iowa Outdoors because the biggest start-up cost is the equipment, Knoblock said.

"With those two relationships we are able to provide more in a shorter time with little money," he said.

Any Wartburg student can go on a UNI Outdoor trip, Knoblock said, except they may have to pay a little bit more since they are not a UNI student, Knoblock said.

The trips that are put together have to be planned six months in advance and Knoblock feels that is why no student wanted to take the program over.

"This year will be more to get people's taste buds going as I am already planning trips for next year and they will see how cool the trips can be, and next year we will hit them with some awesome trips," Knoblock said.

Membership is not required to go on the trips. The students just have to sign up like any other program through "The W."

The trips do cost money for students, but the organization isn't looking to make a profit, Knoblock said.

Students can pay either by check or through their student account.

To sign up for a trip students have to either see Knoblock or Josh McCall, Outdoor Recreation student manager, because they only have one binder to put the names in and no way to sign up online.

"This way I don't have to worry about overbooking a trip because for most the trips I only have enough room for so many people," Knoblock said.

There are a lot of benefits for the students who go on these trips, McCall said.

Embracing the outdoors, getting off the Wartburg campus and being with friends for a weekend of exercise is refreshing, he said.

Matthew Hageman (left) puts on a harness with a little help from Josh McCall, the Outdoor Recreation student manager, before climbing the rock wall in "The W." — **Chad Giebelstein**/*TRUMPET*

Prior to going on a trip the student is required to attend a pre-trip meeting. Knoblock said.

The next trip is a climbing trip to Pictured Rocks in Monticello, Iowa on Oct. 24. The cost is $30 and there are only a few spots left.

If students have a trip idea or if they are interested in upcoming trips they are asked to contact Knoblock either by email at eric.knoblock@wartburg.edu. Students can also visit the Facebook page at Wartburg College Outdoor Recreation.

"The experience of going on a trip can make you feel a little handicapped because you aren't in control of your environment at all times because you are in the outdoors, but it is exciting and can be very rewarding at the end," McCall said.

The odds were ever in our favor Outfly 2014

Student Body President Jacob Martin and Vice-President Teri Mueller welcome Outfly last Tuesday. Martin dressed up as President Snow and Mueller Effie Trinket. — **Lauren Matsyik**/*TRUMPET*

Mold uncommon

◂ continued from p. 1

campus.

"We were initially upset because we thought people have to check it at the end of the year and have some standards," Biederman said.

Biederman said those responsible for making sure the room is in clean condition before move-in day should do a better job of making sure an event like this doesn't happen again.

"It kind of shows that they're not always super in-depth," Biederman said.

Brooks said Residential Life staff reviews the condition of every room on campus in August to complete the Room Condition Report (RCR) that each resident reviews and then signs upon moving in.

"We recommend all students thoroughly inspect the room as well to make sure that the RCR is accurate," Brooks said.

Strand said students play an important role in taking the steps to get rid of substances such as mold.

He recommends that in future cases, students directly contact the Residential Life office immediately so they can notify the appropriate people if suspected mold is found.

Brooks said residents should either fill out maintenance requests in their residential hall. Student should also contact personnel such as their resident assistant, residential hall director or any maintenance staff members in their building.

Despite the mold incident, Biederman said he was impressed at how quickly the appropriate staff responded to his room's request.

Strand said the maintenance staff treated both the wall and the wardrobe to get rid of the mold spores in the room.

"I have the utmost confidence in our staff and their ability to ensure that there is a clean and safe environment for our students, faculty, staff and customers," Strand said.

Students take oath for honor

◂ continued from p. 1

Since discretion and confidentiality are concerns for the group, the meetings vary depending on the case, although a similar structure is employed.

Most often the group meets with the professor, the student and any witnesses independently to discuss each case, Steils said. Then, the students are called upon to present their side of the story and answer any questions that arise.

Before joining the group, the students take an Oath of Honor.

That oath acknowledges that students swear to uphold the honor of Wartburg College and acknowledge that their actions, in all places, directly reflect upon Wartburg and their fellow knights.

Following the pillars of faith, leadership, service and learning, the inductees pledge to adhere to those virtues, according to the Wartburg website's Honor Council & Honor Code page.

"Honor Council members must maintain a good academic standing in respect to academic integrity, attend all honor council meetings and work productively on the council," Steils said.

"Council members should expect to engage in difficult discussion and be able to collaborate," he said.

Wartburg earns service award for eighth year

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Wartburg has earned the President's Higher Education Community Service Honor Award for the eighth straight year.

The national award recognizes the role colleges and universities play in solving community problems and placing more students on a lifelong path of civic engagement, Dr. Dan Kittle, director of the Center For Community Engagement, said.

"The experiences of civic engagement make your education worth it by providing you opportunities to make worthwhile contributions," Kittle said.

Community engagement is vital to give students a real world experience that they can't find in the classroom, Kittle said.

Nick Walther is involved in the community through his IS 101 course. For that course, Walther said his class helped sort recyclables in an effort to keep the community clean.

He believes that community engagement is essential to helping the community to grow.

"It strengthens our moral values," Walther said.

"Instead of thinking about ourselves, we think about others too. If we can spread that that will help us grow as a community."

Liz Snyder has also had experience with community involvement.

Unlike Walther, Snyder got involved in service as member of the St. Elizabeth Chorale.

Snyder believes the college does a good job of promoting community engagement and fulfilling what the college stands for.

"People become so passionate about what they do, and being able to help others is always a great thing," Snyder said.

The lessons learned through community engagement go a long way in helping students discover more about themselves that can assist them as they look toward graduation, Kittle said.

"I hope it gives students the opportunity to discover and claim that calling," Kittle said. "I also hope that it gives students the opportunity to understand the value of citizenship and being engaged in the community."

Wartburg prides itself on the service students do in the Cedar Valley or while on a service trip throughout the country. Katie Aldridge worked at a food pantry while on a service trip.—**Submitted Photo**

Kristin Teig Torres, assistant director and service learning coordinator, said the college is very proud of the award because it highlights Wartburg's continuing commitment to the Cedar Valley.

She added students are volunteering at organizations that don't have the necessary amount of staff members to do their work.

"It also gives them a great opportunity to have a different perspective and to have different people come in and work with the people they serve," Teig Torres said.

Kittle said he believes it's not just another award the college received ,and the award truly represents what it means to be Wartburg "Worth It."

"It's still an important distinction for us as a campus community to pause and reflect, and just recognize the award affirms our commitments to the values of civic engagement, service and leadership," Kittle said.

#WhatIsColor

The Black Student Union's new campaign "#WhatIsColor" will officially begin during homecoming week. —**Alyssa Kozak**/*TRUMPET*

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The recently re-instituted Black Student Union has seen an increase of whites students ignoring the blacks students, Ashlee McGrown, president of Black Student Union, said.

They want to make it known that color does not matter with their new campaign, "#WhatIsColor," officially starting during Homecoming week.

"It doesn't matter what color you are to be a part of the organization, it is all about spreading the awareness of the African American culture and the community," McGrown said.

The organization will be selling T-shirts for $10 and bracelets for $2 with the "#WhatIsColor" slogan to get students and adults to step back and think about color.

"It's not just about raising money for the organization, it is about getting the organization's name back out there so that more people are aware that we are back and there to help," McGrown said.

Dajuan King, vice president of the Black Student Union, wants everyone to know the organization is not just for black students, but for all races.

"We want to spread the awareness of different cultures that are represented at Wartburg and in order to do that, we need all cultures represented," King said.

Diversity is all over, and it is something that we have to recognize but not single out a certain race, McGrown said.

"We want to focus in on the aspect of diversity and embrace it rather than trying to ignore it. Everyone sees it, but sometimes people try to make it like the 'white elephant' in the room," McGrown said.

By incorporating different events and activities, the Black Student Union is hitting the topic of diversity in a safe way and not downgrading any race or culture, King said.

McGrown and King said that we are all the same, no matter what our color is, and there is nothing different about a white or a black students.

"We want to make Wartburg a diverse community, all inclusive," McGrown said.

She added that with this campaign they want to see people intermingling and no longer divided.

"We want to intermix the races and show that we are diverse and we include everyone," she said.

All students interested in joining the campaign or organization are welcome to attend meetings held the third Wednesday of the month in WBC 116.

Sustainability to improve programs

TREVOR OATES *STAFF WRITER*
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Being able to get together with other schools around the state to network and communicate different challenges of sustainability was awesome, Anne Duncan, environmental sustainability coordinator, said.

Duncan recently attended a conference at Luther College with sustainability coordinators from other colleges and universities around Iowa.

"It was also kind of refreshing and a good reminder that we have come very far and we have done a lot and we are quite a ways ahead of where we were five years ago," Duncan said.

Schools represented at the conference included Iowa State University, the University of Iowa, the University of Northern Iowa, Des Moines Area Community College (DMACC) and Luther College.

Because DMACC is only beginning to establish a sustainability department, they were the only school who had a faculty member present and not a sustainability coordinator.

Duncan described DMACC as in the same position Wartburg was five years ago.

"They're really passionate. They really want to get something started," Duncan said.

"They just have to figure out how to start a department."

Waste management was a large part of the discussion.

The Tiny Trash system, which Wartburg implemented last year, helps reduce the number of trash and recycling bins across campus.

Now instead of having trash and recycling in each classroom, there are just a few bins throughout an entire building.

"Through those conversations, I realized it was kind of a big deal that we were able to get all of our campus changed over one season," Duncan said.

There have been a couple grumbles about the waste management changes across campus, but nothing major, Duncan said.

"All of the colleges are challenged with, how do you create a sign that is going to communicate the recycling message clearly," Duncan said.

"There is no holy grail of how your sign needs to look."

Each college is scored by a ranking system known as S.T.A.R.S. which stands for the Sustainability Track Assessment Rating System, Duncan said.

The three regent schools, Iowa, Iowa State and UNI, all received scores that placed them in the gold category.

Luther and Wartburg received scores that placed them in the silver category.

"There is a perception that Luther is this awesome sustainability school and Wartburg is not, and we are very even actually," Duncan said.

According to Duncan, Wartburg actually received a higher S.T.A.R.S. rating than Luther.

"It was nice to be at the conference and realize that, hey, we have a seat at the table now," Duncan said.

Sustainability S.T.A.R.S Ranking

—**Mauricio Gutierrez**/*TRUMPET*

More employees should have gone

Faculty member concerned about lack of attendance during healthcare meetings

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That was a meeting more faculty and staff should have attended.

There, I wrote it. Anyone who knows me well knows I loathe some meetings.

I avoid those that have few actionable items or objectives, and I sometimes leave others early when they lose focus or when attendees resort to their electronic devices.

But the "state of our healthcare benefits" meetings were quite telling two weeks ago, and I was surprised to discover how few attended.

To be clear, I am not 'scolding'; we're all busy. However, the Healthcare Task Force and Human Resources hosted five different sessions for faculty and staff from Sept. 29 through Oct. 5.

Sessions were mentioned in The Juice, and we each should have received an email from the president's office.

Roughly 50 of our employees waive health insurance, so why would they attend, right?

But after doing some checking, I estimate that only half of us under our health insurance plan attended one of those info-sessions… one-half.

I went. After all, when a meeting has the potential to impact my family's livelihood, that's a significant "agenda item."

What did I learn? Healthcare costs to the college are rising by 10 percent in 2015, yet another year of increases that will have to be absorbed somehow.

From what I could discern, our actual increase might be more in the 8 percent range in the end, and I wish to thank HR and the task force for their work and stewardship on that with our coverage partners.

We won't know the exact impact to our net incomes (via payroll contribution) for the next week or two, but the news wasn't good from my perspective, as paid healthcare was one of the more "worth it" benefits about coming to Wartburg College 16 years ago. But times change and so has healthcare.

The HR Office is now in the process of preparing open enrollment sign-ups for healthcare coverage in November, but we will not have the same type of sessions like we did in years past.

We should watch for their newsletter to learn more and contact HR if we have related questions. We'll be invited to something akin to a "benefit lab" where we will sit at computer-kiosks with trained staff who will help us navigate our benefit plan selections.

Answers to "the big picture" questions were two weeks ago—questions addressing where we've been, how we got here and what the future looks like for healthcare benefits down the road.

I want to thank the administration for commissioning the Health Insurance Task Force and applaud the transparency of the message conveyed at those meetings, especially around financial impacts, both institutionally and personally.

As I read the higher education "tea leaves" and look at other budget "pain points" for many colleges and universities, I am guessing we'll start hearing about things like whether we can grow our faculty or staff sizes or if "freezes" might be coming.

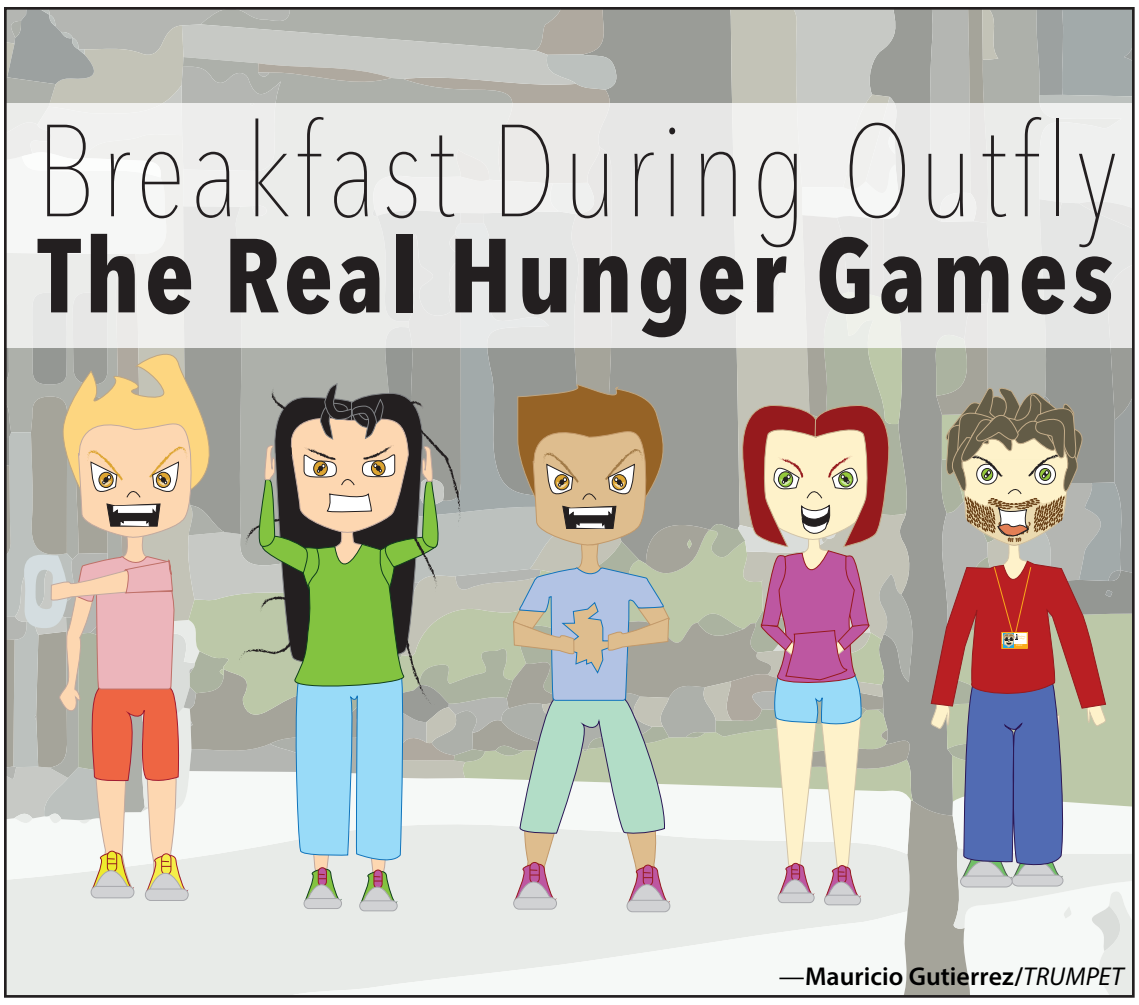
We'll soon hear the status of whether salary increases are possible too and what tuition increases will look like next year for our students.

All of these are driven by variables that "creep" in impact, like enrollment, retention, rising operational costs and the economy, and yes these all impact morale in deep and pervasive ways.

I am hoping that future information sessions will be held on matters such as those too, perhaps by the President's Budget Advisory Council (PBAC). Such sessions would be important platforms for being an informed "shareholder" in this place we work and serve.

And yes [gulp], those are meetings I will attend.

Dr. William Withers is a professor in the department of journalism and communication and the assistant director of the Institute for Leadership Education.



—Mauricio Gutierrez/*TRUMPET*

Choice Tweets

#Outfly Edition

- The closing hours of your last Outfly is like your last Christmas night as a child, knowing there will be no Santa next year.
- The wii remote is dead, and we have no batteries. Outfly is ruined. #heardinLohe56
- Four years of Outfly and it never fails that my dad will text and tell me not to get a tattoo...
- I'm just gonna apologize for all the pictures & tweets you're gonna see about Outfly today. Oh wait, not sorry. WARTBURG>>>YOUR SCHOOL
- Ah yes, OUTFLY! Finally enough time to shave my legs.
- It's like a sin to look nice and put together at the bell...#Outfly

Choice Tweets is dedicated to the (truthful?) expression of the students, faculty, staff and alumni of Wartburg College. Want to share your thoughts, observations or wisdom? Serious or delirious, it's time that you're heard! Tweet #choicewords at @wartburgtrumpet to see your thoughts here! The Trumpet reserves the right to censor inappropriate and libelous comments.

Surviving 'shock phase'

KASSY KAHLER *GUEST COLUMNIST*
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Home is more than a destination. Home is a place where a person can go to be themselves. Home is secure, familiar and comforting.

This time of year, some people might get excited for the upcoming holidays.

For some people, fall is a reminder of the bitter cold that is about to make a crude appearance.

For others, fall is just long enough for the excitement of new classes, exploring campus and making new friends—until an overwhelming sense of reality, responsibility and anxiety starts to set in.

College, as a whole, is a completely new culture for many first-year students. Wartburg has a great inclusive and positive culture, yet some students still might find college life to be a shock.

When students go through their daily motions, feelings of anxiety, stress and loneliness might set in. It is important to know that you are not alone.

These feelings are found in the fourth stage of culture shock, "shock phase," according to Tom J. Lewis and Robert E. Jungman authors of "On Being Foreign: Culture Shock in Short Fiction, an International Anthology."

Anyone can experience culture shock, but it tends to be magnified for international students. International students are adapting to new climates, hours, rules/laws, languages, social differences, learning styles and teaching styles just to name a few.

In addition, all students are being challenged with time management, writing papers and completing exams, as well as maintaining a social life. It is easy to see how hard the adjustment to college can be for any student, but this is especially common for international students.

Hang in there—this "shock phase" doesn't last forever. Eventually students will start to see the light at the end of the tunnel. Slowly, day by day, students will enter the "adaption phase," where a sense of comfort will set in. Feelings of openness, happiness and security will occur.

Home is a place to be "you," to feel secure and to be happy. It is important to be aware of the "shock phase," but it is more important to know it doesn't last forever.

As we enter into fall, I challenge students feeling culture shock to step outside their comfort zone a bit: join a committee or organization, go to a sporting and theatrical event and make a new friend.

With every challenge and uncomfortable moment of college experiences, students are experiencing peronal growth.

Regardless of where students come from globally or locally, remember we come together to make Wartburg a home for all students.

We are all Wartburg Knights!

Kasandra Kahler is the new Lohe/Res coordinator and international student programming assistant.

Trumpet

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or emailed to wartburgtrumpet@gmail.com. Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

Students facing speech impairments

Some students come to school with a speaking disability and one has a way to help

A.J. Skinner, a music education major, practices his speaking on a presentation. Skinner practices to become more confident about his speech and what he says because it will help him to overcome the struggle of stuttering when talking. — **Nichole Lyons**/*TRUMPET*

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A.J. Skinner, a music education major, started to notice his speech just wasn't like his classmates when he was younger.

"It started to become apparent in more pressure situations in school, reading out loud, reading out of books," Skinner said.

"But usually, in casual conversation, it was OK."

Skinner has what is commonly known as a stutter, which according to medicine.net, affects over three million Americans.

There are many different kinds of impairments and disabilities individuals can be affected by in today's world, anything from physical disabilities to mental disabilities Kelly Beck, an academic success associate at Wartburg, said.

A small percentage of the population is affected by speech impairments or disabilities, Beck said.

Some disabilities are more recognizable than others, Beck said.

"I think one thing about disabilities is that sometimes they are hidden," Beck said.

"So that you can't just look at someone and know that they have a disability, and that would probably be true with someone who has a speech impairment, but when they go to talk, it may become known."

Stuttering is a communication disorder in which the flow of speech is broken by repetitions.

The disorder can be caused by genetics, child development, neurophysiology and family dynamics according to medicine.net.

"I don't think it's that big of a deal. For me, if I'm not stuttering it makes me more grateful that it's not worse. Talking is such a valuable thing that people do and if I were never stuttering I would never think to be thankful for my ability to speak."

—A.J. Skinner

"My specific case isn't so much as the very typical repetitions of words but block stuttering," Skinner said.

"Some sounds are more difficult to start on. Like vowel sounds."

Skinner said he went to counselling and found ways to work around his stuttering and to help when in social situations.

He said the most helpful piece of advice he got is to be confident, especially when it comes to social situations.

"One of the most difficult things for me to say is my name," Skinner said.

"If I can say it on my own terms, that's a lot easier than if someone says 'what's your name.'"

He also said it helps him if he practices what he has to say before he says it.

Skinner said this helped him in his transition to college.

Skinner said it was a challenge at first to go up and introduce himself to people, but he knew if he did, it would make things a lot easier on him.

"In that way, it may have helped me to get to know people. By college there was a transition of 'I have to use these speaking skills,'" Skinner said.

When working with his peers, Skinner wants people to know he is just like anyone else.

"I'll just say I have a stutter and they'll know. I just haven't found it to be a big enough problem. If they know me and they know that I stutter, every once in a while they know what to expect a little better," Skinner said.

Beck said the easiest and most helpful thing to do when working with an individual who has a speech impairment or disorder is to communicate with them as you would anyone else.

"I think one thing about disabilities is that sometimes they are hidden so that you can't just look at someone and know that they have a disability and that would probably be true with someone who has a speech impairment, but when they go to talk, it may become known."

—Kelly Beck

It's also important that you listen and are patient with the person, Beck said.

"Don't try to fill in the word or finish their sentence. Allow them to say what they're wanting to say," Beck said.

"Ideally, I would have them not act any different. I don't think it's that big of a deal. For me, if I'm not stuttering it makes me more grateful that it's not worse," Skinner said.

"Talking is such a valuable thing that people do and if I were never stuttering I would never think to be thankful for my ability to speak."

For more information about speech impairments, contact Beck in the Pathways Center at her email address kelly.beck@wartburg.edu to schedule an appointment.

Learning opportunity for new students

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It's easy for students of any age to confine themselves to one specific group that they feel comfortable with, this being especially true for first-year students just looking to fit in, Jo Dorrance, internship coordinator, said.

With this in mind, a group of faculty, led by Dr. Vicki Edelnant, Pathways center director, has teamed up with IS 101 professors to create the Deeper Learning Conferences for first-year students.

The conferences are designed to broaden students' horizons and inform them on the variety of different programs that Wartburg offers.

"We want to have students recognize that there are these enrichment opportunities," Edelnant said.

"They're things that you may not have to do for a major or minor but it would be a great experience."

The biggest takeaway is the sheer number of things the college offers our students outside of the classroom,"

—Jo Dorrance

The conferences have been around in some way for five years, but, in their current form, are in their third year of existence.

The conferences were originally scheduled for Oct. 10 but were rescheduled to Oct. 22 because of Outfly.

Students will pick the three topics they are most interested in and be assigned two sessions based on demand.

Despite not being able to participate in all the sessions, the conferences bring all of these programs to the students' attention and allows them to do more independent research based on their interests.

Dorrance believes the conferences are vital for first-year students who are looking to get outside of their comfort zone and expand their knowledge.

"Many of the activities shared at Deep Learning Day get them thinking outside of the box," Dorrance said.

"It helps students become broader thinkers and become friends with students in other majors and activities."

Dorrance echoed Edelnant's belief that the conferences are instrumental in shedding light on the diverse types of programs that Wartburg offers.

"The biggest takeaway is the sheer number of things the college offers our students outside of the classroom," Dorrance said.

Director of the Center for Community Engagement Dr. Daniel Kittle is leading the leadership workshop and is excited to be able to educate students on everything that Wartburg's leadership program has to offer.

"It speaks to the value of the experience of more deeply considering leadership theory and practices and the value of reflecting on them," Kittle said.

Kittle also pointed out that the conferences go hand-in-hand with the "Worth It" campaign just launched by the college.

"I think it's timely in that Wartburg recently launched the 'Worth It' campaign," Kittle said.

"The deep learning workshops are about your educations being worth it and these programs are what makes your education worth it."

Sessions at the Deeper Learning Conference

- Orange Connection
- Leadership Certificate
- Study Abroad
- Choosing a Major
- Internship Options
- Service Trips
- Wartburg West
- Financial Literacy

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Merry Fredrick (far left), former executive director of Self-Help International, is the 2014 recipient of the Robert D. Ray Iowa SHARES Humanitarian Award. Fredrick works with Ghana and Nicaragua residents on agriculture, hygeine, finance and malnutrition education. —**Courtesy** *SELF-HELP INTERNATIONAL*

Waverly native receives award

Former Self-Help International director's work is honored

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Former Executive Director of Self-Help International, Merry Fredrick of Waverly, is the 2014 recipient of the Robert D. Ray Iowa SHARES Humanitarian Award.

Fredrick is a 1966 graduate of Waverly High School. She attended Wartburg College and later received both her bachelor's degrees in cultural anthropology and her masters in gerontology from Georg Mason University.

Later in life, she worked for Self-Help International for 14 years until her retirement in 2013. Fredrick is proud to accept the award.

Self-Help International runs programs in Ghana and Nicaragua that work on nutrition and health, agricultural training and women's micro-finance, with its main office in Waverly.

"Merry Fredrick is a true crusader in the fight against poverty and hunger overseas with a passion for helping people,"

— Jori Wade-Booth

"We train young farmers in improved agricultural methods used in Quality Protein Maize, a type of corn that is easy to digest, give women loans to start small businesses, educate mothers about nutrition and good hygiene and help to feed school children in Ghana," Jori Wade-Booth, development director of Self-Help International, said.

The overall goal of the organization is to alleviate poverty and hunger by teaching people skills so that they may become self-sufficient and no longer need assistance, Wade-Booth said.

However, Self-Help International would not have expanded and flourished this way without Fredrick leading the way, Wade-Booth said.

In 1999, they introduced the program model to rural farm families in Nicaragua. With Fredrick's leadership, the program saw growth from just five farmers to nearly 35,000 farmers cultivating the Quality Protein Maize, Wade-Booth said.

In addition to the endeavors in Nicaragua, the women's micro-credit program in Ghana funded nearly 2,000 loans in the past 11 years.

Over the last five years, more than 2,500 children in Ghana and Nicaragua have participated in Self-Help's feeding program to alleviate malnutrition, Wade-Booth said.

Fredrick was also the driving force behind building and opening training centers for young farms in both Ghana and Nicaragua, Wade-Booth said.

In regards to the Robert D. Ray Iowa SHARES Humanitarian Award, Wade-Booth couldn't see anyone more fit to receive than Fredrick.

"Merry Fredrick is a true crusader in the fight against poverty and hunger overseas with a passion for helping people," Wade-Booth said.

Fredrick, a Waverly native, is only the second winner of the award. The World Food Prize, in honor of former Iowa Governor Robert D. Ray, established the award in 2013.

The awards ceremony will take place on Tuesday, Oct. 14 in Des Moines at the 2014 Iowa Hunger Summit.

"I am humbled and honored to receive this prestigious award," Fredrick said.

"The accomplishments over my 14 years of work with Self-Help International could not have happened without a dedicated, loyal staff in Ghana, Nicaragua and in Waverly. Furthermore, Self-Help's excellent Board Members provided guidance, support and trust. We did it together."

To learn more about Self-Help International, visit www.selfhelp-international.org. Also, Information on the Iowa Hunger Summit or to register, visit www.iowahungersummit.org.

Merry Fredrick (far right) works with beneficiaries in Ghana. —**Courtesy** *SELF-HELP INTERNATIONAL*

Students thank donors

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The Wartburg community will have the opportunity to thank parents, alumni and friends of the college for financial donations at the first inaugural Thank Our Donors Day on Monday, Oct. 13.

"The idea is to raise awareness for students about the fact that everyone on campus does benefit from the generosity of our donors."

— Lauren Everhardt

The event will take place outside the north doors of the Saemann Student Center from 11 a.m. to 2 p.m.

Thank Our Donors Day will provide students with the opportunity to take photos, enjoy music and write messages to be shown at future philanthropy activities, such as the RICE day scholarship dinner.

Students can take photos with premade signs or customize a message of their own using chalk boards to thank Wartburg alumni, parents and friends.

"The idea is to raise awareness for students about the fact that everyone on campus does benefit from the generosity of our donors," Laurie Everhardt, Alumni and Parent Relations and Annual Giving associate, said.

Thank Our Donors Day is being hosted by the Alumni and Parent Relations office in partnership with Students UKnight, a new organization on Wartburg's campus focused on participating, providing and promoting the campus and the student body.

Students UKnight has replaced the previous Student Alumni Council, or STALC, that is providing the bridge between the college and alumni, as well as spreading school spirit around campus.

Students UKnight plans to carry on the traditions of Student Alumni Council, including legacy dinners, BEAT Luther Week and philanthropy education.

The organization is also planning new events such as Thank Our Donor Days and an interactive Wartburg traditions challenge for students, Tony Smith, Students UKnight advisor, said.

"Students UKnight is planning on two big projects this year. The organization is spearheading student philanthropy in various outlet and events throughout the year," Smith said.

Besides Thank Our Donors Days, Students UKnight has BEAT Luther week planned for Oct. 19 - 25, as well as Philanthropy Education Day in early November, with more events to come later in the year, Smith said.

With a large number of Wartburg alumni returning to campus for Homecoming week, Everhardt believes it is a great time to be thankful for donations and financial support that cover a variety of costs, such as scholarships, endowed faculty and facility growth and advancement.

"It's a chance, as Homecoming week is kicking off and our alums are coming back, to say thank you for everything they do for the students and the college as a whole," Everhardt said.

The Alumni and Parent Relations office has partnered with Students UKnight to help provide students with an opportunity to express their thanks to financial donors. Students UKnight is a new organization that has replaced the previous Student Alumni Council. —**Allix Williamson**/*TRUMPET*

Getting in touch with Students UKnight:

www.wartburg.edu/alumni/council.aspx

Find their Facebook page at Wartburg College Students UKnight

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No. 7 Wartburg smothers Coe, 43-0

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Coe has had Wartburg's number the last three years. Saturday, the Kohawks were held without a non-zero number for the first time in Clark Field's 26-year history.

Seventh-ranked Wartburg football put an emphatic ending to a three-game skid in what has developed into a rivalry series with a 43-0 win in front of 4,819 fans to remain unbeaten at 5-0 and 2-0 in the Iowa Conference.

The win is a form of redemption after Coe (2-3, 1-1) handed the Knights their only IIAC loss last year, 35-7 en route to a perfect regular season in 2013 and rallied from a 17-point deficit in 2012.

The Knights had just two offensive touchdowns in the last 10 quarters of play against the Kohawks.

"This has been a game where we haven't played Wartburg football the last couple years," quarterback Logan Schrader said. "Today, we finally gave them our best shot – I wouldn't even say our best shot, because we're improving every week – but we gave them a good game."

Wartburg football was in statistical form Saturday with 523-195 total yard advantage. It's a familiar script for this team, which hasn't scored under 31 points or won by less than 17 points this year.

"We played Wartburg football today," Schrader said. "That's what happens."

Schrader completed 17 of his 23 first-half passes for 236 yards and three touchdowns. He bounced back from an interception on Wartburg's first possession to deliver a 35-yard scoring strike to Taylor Jacobsmeier and run for a 7-yard TD on the next two drives.

Joe Stearns celebrates after a Wartburg sack. Stearns had two sacks in the game, resulting in a loss of 18 yards for the Kohawks. The Knights had a total of six sacks against the Kohawks. — **Nathan Ford**/*TRUMPET*

A 33-yard pass to Robbie Anstoetter and 25-yard toss to Jacobsmeier, who made a great adjustment to slip a defender and catch an underthrown fade pass, put the Knights up 27-0 in the second quarter.

Michael Bohlke tacked on a 25-yard field goal as time expired for a 30-0 lead.

It could have been even more lopsided-- Jacobsmeier and Will Ebert couldn't connect on a wide-open wide receiver pass that worked to perfection against Augsburg and Wis.-Stout. Bohlke missed a 35-yard field goal on that drive, and Schrader's pick came when Wartburg was driving at the Coe 33.

"There were two drives that should have been touchdowns and we just didn't execute the right way," Schrader said. "We're a little upset about that, but then again, we put 43 points up in three quarters, so you've got to be happy with that."

The defense was focused throughout, shutting out Coe for the first time since a 48-0 win in 1999.

And, yes, they really wanted that zero.

"Very badly," said defensive end Zach Twedt, who registered two of Wartburg's six sacks. "Lately, we've been giving up some late touchdowns that shouldn't have been touchdowns. Today, to keep that goose egg up there, that was a big, big victory for us."

The Knights brought pressure off the edges numerous times on third-and-long situations and Coe could never handle it. Joe Stearns also had two sacks, and Cole Hinders and Andrew Ganshirt each tallied one.

"We know we're a little smaller up front, so when we get them in third and long situations, we like to match up our speed guys on the outside and just play a lot of games with their line," Twedt said.

The defense continually gave the offense good field position, never starting inside its own 30 in the first three quarters.

Chase Kleopfer read a screen pass and picked off Josh Rekers on Coe's first second-half possession. That led to Brandon Domeyer's 30-yard touchdown run.

"I think the biggest thing is just not allowing the quarterback to be comfortable," Wartburg head coach Rick Willis said. "That starts, I guess, with the pass rush up there and guys staying after him and not allowing him to be comfortable, but I think it also has to do with just mixing up looks and making sure he doesn't know what he's gonna get every time."

Coe had somewhat of a two-quarterback system averaging over 300 yards a game heading into Saturday, but neither was able to find a rhythm. Rekers was 8-of-25 for 111 yards and Gavin Glenn finished 5-of-9 for 33 yards. The Kohawks managed just 51 yards rushing.

Freshman Brandon Richardson completed the scoring with a 5-yard run midway through the third.

Wartburg hosts Dubuque for Homecoming this Saturday.

Faculty mentors show support for athletic teams

RILEY COLE *STAFF WRITER*
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Every athletic team at Wartburg has a faculty mentor who serves as support for both academic and athletic pursuits for the team's athletes, through a partnership that started a few years ago.

This program is sponsored by the Wartburg athletic department and the Student Athlete Advisory Committee.

Some basic duties for faculty mentors include: attending practices and meets, attending team meetings or get-togethers, meeting with the coach, participating in service projects and being someone for student-athletes and coaches to contact for academic questions.

The involvement of the faculty mentor changes depending on how much the mentor wants to participate in the team's activities.

Dr. Penni Pier, department of journalism and communication, mentors the men's and women's tennis teams.

Pier has donated a lot of her time to the team making posters, bringing baked goods to the team and sending encouraging emails.

Two weeks ago, Pier traveled to St. Peter, Minn. to watch the men's tennis team, then traveled back to Waverly to watch the women on Saturday.

"She has been a great supporter throughout the year," women's tennis player Marissa Buresh said. "Whether it's coming to practices, matches, or leaving her door open for us, she is always there for us both on the court and in our own personal lives."

Buresh said Pier is a role model to the men's and women's tennis teams.

"She has helped teach us what it means to be great supporters of each other," Buresh said. "We can copy the support she gives us to each other, our fans and our families. She has taught us what it means to be a great fan."

Head tennis coach Mike Strydom believes the teams' success is a reflection of Pier's involvement.

"Penni Pier is everything to the team's success," Strydom said. "She is the motivator, she's the supporter. She is above and beyond."

As for the volleyball team, Dr. Joy Becker, mathematics professor, is the team's faculty mentor. Becker, a Wartburg graduate, played volleyball while she was a student at Wartburg. This is Becker's first season mentoring the volleyball team.

"I enjoy the sport," Becker said. "I was in their shoes many years ago, so it gives me an opportunity to be supportive of a situation I was in personally. I have a personal connection with the sport as well as the students."

Outside hitter Claire Willenbring is thankful for Becker's willingness to support her through her endeavors, both in the classroom and on the court.

"It's really nice having a professor to go to for anything," Willenbring said. "If you need help with schoolwork, she's always going to be there. Even without schoolwork she is going to be there. Without her, we wouldn't have someone we could go to. We can always count on her to help us out."

Jennifer Walker, co-head volleyball coach, believes Becker fits right in with the team's support staff of athletic trainers and managers.

"Anybody that I consider support staff in our program is a help to our success," Walker said. "She is a good part of our program. The athletes like having her around, and that makes a difference."

Likewise, both Becker and Pier support their student athletes by bringing in baked goods for the team.

"(Pier's) food is fantastic," Buresh said. "She brings in great treats."

Becker and Pier are grateful for getting to know their student athletes.

"It really appealed to me to get to know the players," Pier said. "The best part for me is seeing these student-athletes grow as people," Pier said. "They're just a great group of student athletes. It's been fun to watch them play, grow as athletes, as scholars and as people."

Faculty Mentors

Joy Becker	Volleyball
Dan Black	Football
Todd Reiher	W Golf
Chip Bouzard	M/W Cross Country
Ben Bousquet	M Soccer
Jennifer Pothast	W Soccer
Penni Pier	M/W Tennis
Dan Sundblad	M Basketball
Peter Nash	W Basketball
Denis Drolet/Bill Soesbe	Wrestling
Joyce Boss	M/W Track and Field
Ann Henninger	Softball
Ramona Bouzard	Lacrosse

Fourteen faculty mentors cover 16 Wartburg teams. This partnership provides additional support for athletes. — **Nathan Ford**/*TRUMPET*

Men's soccer wins fifth straight

NATHAN FORD *SPORTS EDITOR*
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In a span of five days in late September into early October, Central's men's soccer team beat Coe 3-1 and lost to Wartburg 9-0. Do the math, and you get an 11-goal victory for the 16th-ranked Knights against last-place Coe on Saturday night.

That's not quite how soccer works. When the ball wasn't finding the net on nine shots in the first 20 minutes, Wartburg kept its cool, and prevailed with a 3-0 victory.

It's the fifth straight win for the Knights (10-2-2, 4-0-0 IIAC) and fifth clean sheet of the season.

"(We) mainly just emphasize not to get frustrated, keep playing and keep trusting what we're doing, basically," Wartburg head coach Kirk Artist said.

When a 10th early shot hit the crossbar, defender Nick Brown was there to clean it up and finally get the Knights on the board. His rebound of Connor Johnson's shot was nearly saved off the line by Coe's Eric Hoar, but was ruled a goal after some confusion caused by no initial whistle.

The 1-0 lead stood at the break despite 20 shots, eight on goal, in the opening 45 minutes.

"That's kind of how our season has been," Artist said, noting there have been games like Central that have been the opposite. "Even against Platteville and Augsburg [scoreless draws], the ball just didn't find the back of the net. That's how some games go and tonight was one of them."

Jay Tegge provided Wartburg some cushion with a laser into the net less than five minutes into the second half. Coe (3-10, 0-4) gave the freshman midfielder plenty of space, and he capitalized for his third goal of the season.

Just over 10 minutes later, Paris Martins dribbled and danced his way to the end line, cutting it back in front of goal for a sliding Dan Nadeau to give Wartburg a 3-0 lead that all but assured the Kohawks (3-10-0, 0-4-0) of a fourth straight loss.

In top form

Commentary

Midfielder Jay Tegge handles a pass during a 3-1 win over St. Olaf Wednesday. — **Alyssa Noble**/*TRUMPET*

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Seth Nutting

Like most professional sports, it is hard to pin down exactly why some soccer teams are more successful than others.

Is success attributed to player personnel, coaching schemes, physical and mental attributes or a combination of the aforementioned?

How big of a role do formations play in the outcome of a game?

It seems that with each passing year, new soccer formations emerge in the professional world while another once common tactic dies out.

The dying breed in professional ranks is the 4-4-2, that has plummeted from 334 appearances in 2009-10 to only 103 times in 2013-14, according to Bloomberg Stats Insights. If formations really do matter, how much of a role do they play?

"I think it is a big role in whether we win or lose," said Wartburg forward Zubeen Azari, who was recently named Iowa Conference offensive player of the week.

Unlike many pro teams, Wartburg has stuck with the 4-4-2. Head coach Kirk Artist has played with the 4-4-2 each year since becoming a part of the coaching staff six years ago.

"I'm big into having the guys buy into what we're doing and they really like it," Artist said. "They've kind of worked out the kinks."

With four backs, four midfielders and two strikers up top, the 4-4-2 is one of the most adaptable formations in soccer, but is losing popularity because of the lack of traditional targetmen and lack of true wingers.

"Everyone's role on the team is changed slightly depending on what formation we're up against, but since we're in the 4-4-2, it's really adaptable to different situations," defender Nick Brown said.

Adaptability is a good thing to have in any league, and the Iowa Conference is no exception. "You see all kinds of different stuff within the IIAC and even within our region," Artist said.

Each of the three best IIAC teams run a different formation – Loras with an aggressive 3-4-3/3-5-2 formation that includes a sweeper back, Luther with a 4-3-3 possession-styled game and Wartburg a combination of both possession and attacking with the 4-4-2.

But which formation is the most successful?

"They all have their strengths and weaknesses," Artist said. "It's one of many things that we need to be able to manage and think about to put our team in the best situation to win."

According to Bloomberg's Stats Insights, the 3-4-2-1 has produced the most goals this season in the English Premier League at 3.00 goals per game. The 4-4-2 has only averaged 1.40 goals per game.

However, Bloomberg's stats do not list how many goals a formation gives up per game or what percentage of the time a team wins when using a particular formation.

There is still a long way to go in soccer sabermetrics before better understanding how each particular aspect of the game may influence a team's record.

One thing that can't be argued is Wartburg's success thus far in the 2014 season. With an unbeaten 4-0 conference start and 10-2-2 overall record, the Knights aren't reinventing the wheel with their 4-4-2 formation, they're just trying to keep the wheels turning.

"I think the 4-4-2 makes us the most lethal. We can attack you from all different directions with speed, passing and the combination of those two," Azari said.

"I think teams are kind of scared to see what we can do and that's a good thing."

Hewitt's hat trick sparks Wartburg to win

Forward Alyssa Hewitt looks for a seam during Saturday's home match against Coe. Her first collegiate hat trick helped the Knights end a three-match losing streak. — **Alyssa Noble**/*TRUMPET*

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The Wartburg women's soccer team defeated Coe (3-10-0, 0-4-0) 3-0 Saturday night at home.

All three goals of the game came from a single player.

Wartburg's Alyssa Hewitt pulled off a hat trick scoring three goals in the game, her career high.

The first goal came early in the game. Just four minutes in, Brinkly Werkman kicked one of Wartburg's 19 corner kicks and Hewitt put the ball into the back of the net.

"That was great," Wartburg head coach Tiffany Pins said. "It really was. It's always great to score early."

The next two goals came in the second half.

"The second half was a lot better than the first," Pins said. "We finally started to settle in and we played the way we're capable of, which was good. We scored goals which was even more important."

The first goal in the second half was off a breakaway in the 53rd minute, and the second came off a short-corner pass from Ashley Kerns in the 78th minute to complete the hat trick.

Wartburg is now 7-4-3 on the season and 2-1-1 in conference play. It hosts Augustana on Tuesday.

WEEKLY SCHEDULE
Tuesday
W Soccer vs. Augustana (7 p.m.)
Vball vs. Dubuque (7:30 p.m.)
Saturday
XC @ Wis.-La Crosse Invite
Football vs. Dubuque (1:30 p.m)
W Soccer vs. Dubuque (5 p.m.)
M Soccer vs. Dubuque (7 p.m.)

KNIGHTS FALL SHORT AT COE

After defeating Coe 3-1 in the regular season last year and sweeping them in the Iowa Conference championship match, Wartburg's volleyball team came into Wednesday's game with a target on their back. The only difference this time was the Kohawks were the favorite.

Wartburg rallied but lost in a five-set IIAC heavyweight battle 17-25, 21-25, 25-22, 25-19, 9-15 Wednesday evening in Cedar Rapids.

"It's not really tougher than any other losses. It's a tough loss because it would have put us in a better place in the conference," Wartburg co-head coach Doug Frazell said.

Wartburg hasn't lost two regular season conference matches since the 2010 season, Frazell's first year with the program as an assistant coach.

After dropping the first two sets of the match, it looked as if the Knights would be swept by an IIAC opponent for the second time in just over a week, but responded well by winning the third and fourth sets.

In the fifth set, Coe used a quick 8-2 run and didn't look back, defeating the Knights 15-9.

Wartburg's hitting percentage was well below average at .133 and the Knights were outmatched 46-71 in kills. Wartburg also committed 10 total errors (service, reception and block errors).

"We made too many errors. Having errors in every set is hard to overcome with the volume of errors we made in each set. It doesn't let us get into our offense," Frazell said.

With the win, Coe remains the lone unbeaten team in Iowa Conference play at 4-0.

The loss all but guarantees a new Iowa Conference regular-season champion.

"It stinks to not repeat again but that train's gone," Frazell said. "We need to get better tomorrow, get better this weekend and make less errors."

"We have players that haven't been under the lights as much on the court and so there's a little bit of a learning curve," Frazell said. "People have to grow from that. Everybody grows from experience."

VOLLEYBALL 1-2 AT NCC

No. 25 Chicago swept Wartburg in the Knights' opening match of North Central's tournament Friday night. Wartburg swept the hosts Saturday before dropping a 3-0 match to St. Mary's, a team it swept earlier this year.

Bailey Wilson was named to the all-tournament team after recording 20 kills over the weekend.